



## TRILLIA J. NEWBELL

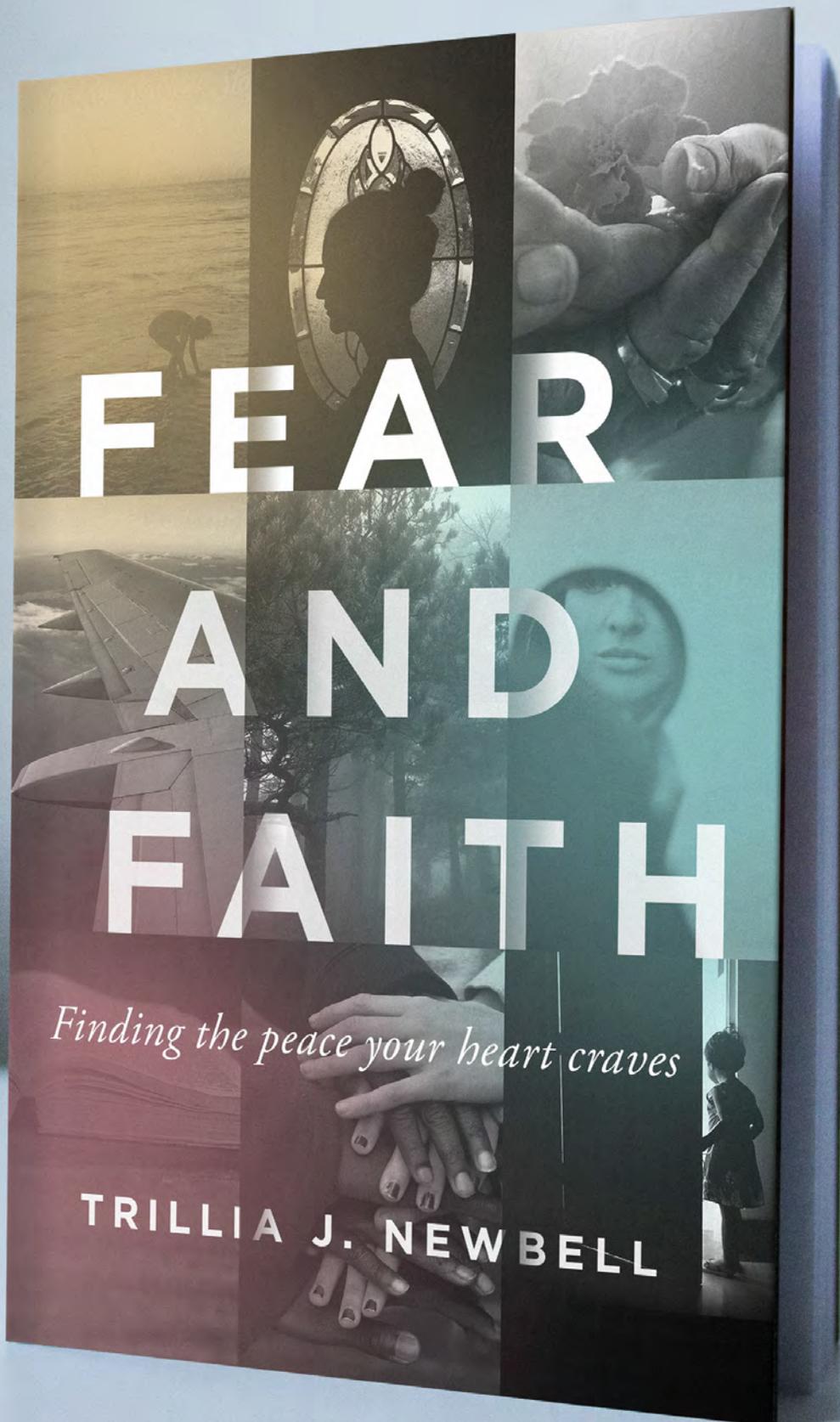
Trillia is the author of *United: Captured by God's Vision for Diversity* (Moody Publishers, 2014) and *Fear and Faith: Finding the Peace Your Heart Craves* (Moody, 2015). Her writings on issues of faith, family, and diversity have been published in the *Knoxville News-Sentinel*, *Desiring God*, *Christianity Today*, *Relevant Magazine*, *The Gospel Coalition*, and more. She currently is the Consultant on Women's Initiatives for the Ethics and Religious Liberty Commission of the Southern Baptist Convention. Along with writing, she will be pursuing her M.A. in biblical counseling from The Southern Baptist Theological Seminary. Trillia is married to her best friend, Thern, and they reside with their two children near Nashville, TN.



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ISBN: 978-0-8024-1022-1 | Publisher: Moody Publishing | Publish date: April, 2015  
Page Count: 176 | Dimensions: 5.25 x 8 | Format: Paperback | Price: \$12.99



# FEAR IS NOT SIMPLY AN EMOTION WE FEEL...

...it can also be paralyzing, controlling, and even motivating. Unfortunately, fear is often a by-product of the sin in our heart. In *Fear and Faith*, we will look our fears in the face, name their root cause, and learn together how to lean on the one true, good, sovereign and loving God who we can and should trust.

# Main Topics

- 1** Fear of Man
- 2** Fear of the Future
- 3** Fear of Other Women
- 4** Fear of Tragedies
- 5** Fear of Not Measuring Up
- 6** Fear of Physical Appearance
- 7** Fear of Sexual Intimacy
- 8** Fear of the Lord

# Endorsements



## J.D. Greear

In this short and engaging work, Trillia puts her finger on the thing that, for many of us, keeps our faith subdued and our lives joyless: fear. She writes with humility, authenticity, and victory. I saw so much of my own story in hers. This book will bless you and release you.

**Lead Pastor**  
**The Summit Church,**  
**Raleigh-Durham, NC**

J.D. is the author of *Jesus, Continued...Why the Spirit Inside You Is Better Than Jesus Beside You* and *Gospel: Recovering the Power that Made Christianity Revolutionary*

## Nancy Leigh DeMoss

Trillia Newbell knows what it is to be plagued by fear. She also knows what it is to fight for faith and to ground her heart in the character of our wise, faithful, loving, sovereign God. She offers hope for overcoming our fears and experiencing true peace, through cultivating reverential fear of the Lord.



Nancy has authored eighteen books, including *Lies Women Believe*, *A Place of Quiet Rest*, and *Seeking Him*.

**Radio Host**  
**Revive our Hearts Ministries**

# Endorsements



## Matt Chandler

The worst thing you can do with fear and anxiety is pretend it's not there. Trillia serves us well in this book by addressing fear and anxiety head on and digs past the fear itself and into the very roots where fear is born. She does this with the gentleness of a mother and a mind steeped in the bible. Whether you personally struggle with fear or walk with people who do you will find helpful, well thought out help in the pages of this book.

**Lead Pastor**  
**The Village Church,**  
**Dallas, Texas**

Matt is also the best-selling author of, *The Explicit Gospel*

## Russell Moore

Many Christians are scared, and too scared to say that they are scared. Trillia Newbell helps us to confront our fears and to point beyond them to a Christ who has vanquished every foe. This book grapples with heavy subjects but with the joyful gravity of a woman anointed with the Spirit and with wisdom. It will help you to overcome anxiety, worry, and faithless fear. It is good news for the scared.



**President**  
**The Ethics & Religious**  
**Liberty Commission**

Russell is the author of books such as, *Adopted for Life and Tempted and Tried: Temptation and the Triumph of Christ*

## Outlets Where Trillia's Contributed

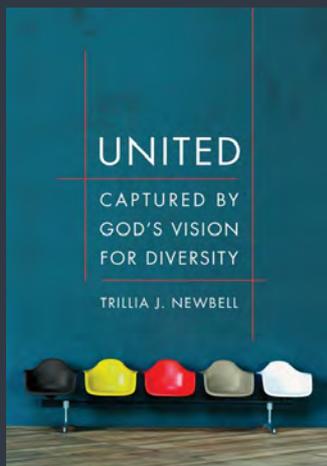
### Online publications:

- *Christianity Today*
- *Desiring God*
- *Today's Christian Woman*
- *True Woman*
- *The Gospel Coalition*
- *Lifeway blogs*
- *Relevant Magazine*

### Print publications:

- *The Knoxville News-Sentinel*
- *Facts & Trends*
- *Home Life Magazine*
- *Healthy Living Extra Magazine*
- *Knoxville Magazine*
- *American Fitness Magazine*

Trillia's previous title, *United: Captured by God's Vision for Diversity* can be found at Amazon, Barnes & Noble, Christianbook.com and several other retailers.



## CONTACT AND CONNECT



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